

## Why is water important?

**Water's reputation as a powerful solvent** derives from its particular electromagnetic and chemical qualities, which make it able to break down substances into their constituent parts, and to absorb energy vibrations. It acts like a magnetic tape, absorbing both harmful or beneficial energies; and like a tape, this energy can be erased and new energy introduced.

Naturally flowing water creates complex structures: microclusters of vibrating energy centres, constantly receiving and transmuting energy from every contact the water body makes; and laminar structures which generate energy from the interaction of the planes against each other.

**Healthy water carries nutrients, minerals, dissolved salts and trace elements**, the building blocks of growth, and healing energies; it disposes of waste and is constantly cooling, cleansing and purifying itself. Our bodies depend on intercellular water and blood (which is basically water) as a catalyst, a transport system, to maintain our correct body temperature, to supply nutrients and electrical impulses.

Dehydration is a common source of illness. We should drink 1 - 2 litres of good quality water every day, more especially as we grow older, or if we are unwell. Tea, coffee and alcohol all dehydrate the body; therefore, if we take them we need to drink more good water to compensate.

**In order to maintain its quality**, water needs to behave as it does in a natural stream, dancing and cavorting in spirals and vortices, or in the ground, constantly moving sinuously in capillaries or circulating within its storage chambers. In a youthful stream water is most active, and it has the best opportunity to self-purify, thanks to the particular properties of the vortex, which is to access energies of a higher dimension that can transform degenerate energies carried by pollutants.

**We treat our water supplies very badly**, using it mostly to dispose of wastes. We store it in reservoirs where it overheats; we shatter its natural structure in turbines and generators, making it run through straight pipes that destroy its energy. Worst of all, we allow it to become contaminated with pathogenic bacteria, so we have to add chlorine; we allow agricultural chemicals, organic toxins, industrial and hospital wastes to pollute our water. As you may know, water also has a memory, which means it can absorb the energy of its misuse (e.g. hormones, pesticides) that is retained after many recyclings by the water board, and which is not erased by filters.

**Domestic water supplies** may be recycled as many as 20 times - particularly in cities. Efforts are made to remove physical pollutants, but none to remove the energy vibrations, the memory of the water's history of misuse.

## How to Improve Water's Quality

**Our tap water is dead and polluted.** We try to improve its often appalling quality with jug filters or by switching to bottled water. The smaller filter jugs with carbon cartridges are adequate, and remove some chlorine and heavy metals.

Bottled 'spring' water is expensive and varies a lot in quality. The main problem is when it comes in soft plastic bottles; you don't know for how long or at what temperature they've been stored. The water will inevitably absorb chemicals from the plastic. If you buy spring water, make sure it's in glass bottles.

**The symbol H<sub>2</sub>O** represents distilled water, considered chemically the purest form of water. However, it is basically immature; its nature is to extract, or attract to itself, all the substances it needs to become mature, and therefore absorbs everything within reach. Schauberger called it juvenile water, because it has no developed character or qualities. It is raw and hungry.

**Distilled water** is really quite dangerous if drunk continuously long-term, because it can leach out the minerals and trace elements from your body. We therefore don't recommend this form of water treatment. The Kneipp cure uses distilled water for short-term therapeutic effect, to purge the body of excessive deposits of particular substances.

**Reverse osmosis** filters remove pollutants which we can do without, but they also remove typically 90% of the vital minerals and trace elements that we actually need. Taking supplementary minerals cannot compensate for their removal and makes no sense as long as you can get them naturally in the water, and in your food.

**A good carbon water filter** may significantly reduce chlorine and dissolved organic pollutants, as well as bacteria and suspended solids (the plumbed-in ones are the best). Some kind of ion exchange is required to deal with metals. Massive amounts of chlorine ensure that bacteria isn't a problem in public water supplies, but ultra-violet light will destroy bacteria in private supplies.

Tap water is so bad, a good filter is a necessity. We recommend a good quality plumbed-in filter to take care of the physical pollutants. To improve the vibrational energy, the quality of water, you can't beat the way Nature does it.

## **How Nature improves Water's quality**

**The science of working with Nature, called Eco-technology**, was developed by Viktor Schauberger, whose painstaking observations of living water earned him the title of 'The Water Wizard'. He realised that the key to energy restoration is the Vortex. His motto was 'Comprehend and copy Nature'. He invented a machine based on the movements of a natural stream that spun water in a vortical movement, transforming degraded water into spring quality water with healing properties.

[DRAWING]

**In a healthy stream** (see illustration above) the vortical action rolls the water filaments centripetally in a spiral motion, cooling the water, breaking down pollutants into harmless substances.

**More importantly**, the vortex channels into the water memory energies of higher frequency directly from the quantum ocean of energy (the Ether), which is all around us. This input of higher energy cancels out the degraded memory; rather as allowing brilliant sunlight and fresh air into a musty room will quickly transmute the stale energy, so the more refined energy always prevails over the coarser. (The Vortex acts like a gate between energy levels.)

**Photographs taken of the crystalline structure of water**, above and below a point of input of industrial effluents show that, after few miles of naturally moving water, the effect of the toxic effluent has been metamorphosed by the vortical movement, and the natural structure has been restored.

**Living spring water has a positive and uplifting effect** on humans, long recognised by all cultures and acknowledged by water experts. Living water gives your body energy, life force and vitality, while quenching a natural thirst and helping to detoxify the body. Living water also tastes better and our bodies crave this health-enhancing substance.

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Note: This article is drawn from *HIDDEN NATURE: The Startling Insights of Viktor Schauberger*, by Alick Bartholomew [[link to the relevant book page](#)]